



Referral Process:

This service mainly works with families and children. Parents/guardians of children can self-refer to the service

Referral forms are available directly at the office locations or by making telephone contact.

Referrals can also be made by:

- Health Professionals
e.g Public Health Nurses
- Community Services
- Roscommon County Council representatives

All referrals are considered for suitability and assessed accordingly.

A free and confidential service, offering advice and support for families & groups.

For more information, please contact a Home Management Advisor near you:

Home Management Advisor,
TUSLA Child and Family Agency,
Boyle Health Centre,
Boyle,
Co. Roscommon

Tel: (071) 9673612 / (087) 607 0606

Home Management Advisor,
TUSLA Child and Family Agency,
Government Buildings,
Convent Rd.,
Co. Roscommon

Tel: (090) 6637527 / (087) 721 2861

TUSLA

**An Gníomhaireacht um
Leanaí agus an Teaghlach**
Child and Family Agency

HOME MANAGEMENT ADVISORY SERVICE CO. ROSCOMMON

**YOUR FAMILY, YOUR COMMUNITY, YOUR FUTURE,
OUR PASSION**



TUSLA

**An Gníomhaireacht um
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Child and Family Agency



What do we offer?

The service provides practical support and advice to families in North and South Roscommon in all areas of managing the home including;

Housing and Home Management

- Assistance with social housing applications
- Creating a home environment
- Household routines and workloads

Household Finances and Budgeting

- Managing income and expenditure
- Paying bills and managing loans
- Shopping on a budget

Meal Planning and Nutritional Advice

- Practical cookery sessions
- Learning to cook on a budget
- Special Dietary Needs



Budgeting Classes

Learn how to manage your money wisely

Planning Healthy Meals

Lunch and dinner ideas for school-age children

Community Work

We can offer courses for groups on different areas

Life Skills/ Everyday Living

Healthy lifestyles and managing the work/life balance

Cookery on a Budget

Tasty dishes that will suit your budget